

Diabetes Care: South East and Bayside Melbourne

Levels of Care

Client / Patient Group

Service Provider Links

Quick Search:

Find a Practitioner

To quickly locate a local practitioner please select from the list below.

Diabetes Educator
Dietitian
Endocrinologist
Exercise Physiologist
General Practitioner
Podiatrist
Psychologist

N.B. Practitioners included in this search are located within the Southern Metropolitan region only. To search for practitioners and services outside this region, please go to [healthdirect](#) or [infoxchange](#).

[healthdirect](#)

[Infoxchange](#)

Other Useful Links

v1.06 January 2020

Intensive

- Detailed care coordination
- Specialist management
- Continuous, frequent interventions
- Diabetes education & self management support

Severe complications
Established diabetes & pregnancy

Hospitals / Health Services
 Specialised Clinics
 District Nursing
 Private Specialists
 General Practice
 Patient Information

Active

- Management of unstable diabetes and complications
- Insulin management
- Management of co-morbidities
- Continuous, frequent interventions
- Diabetes education & self-management

Complex diabetes
Complications (or at high risk)
Insulin commencement (Type 1&2)
Gestational Diabetes

Hospitals / Health Services
 Specialised Clinics
 District Nursing
 Private Specialists
 Community Health
 Private Allied Health
 Lifestyle Programs & Support
 General Practice
 Patient Information

Proactive

- Diabetes education & self-management support
- Support with lifestyle changes and/or psychosocial support

Stable & uncomplicated diabetes
Newly-diagnosed Type 2

General Practice
 Community Health
 Private Allied Health
 Private Specialists
 Lifestyle Programs & Support
 Pharmacies
 Patient Information

Preventive

- Education & support with adopting healthy lifestyle behaviours

High risk of developing diabetes
 Pre-diabetes
 Impaired Glucose Tolerance
 Impaired Fasting Glucose
 Past history of Gestational Diabetes

General Practice
 Community Health
 Private Allied Health
 Lifestyle Modification Programs
 Exercise Groups
 Patient Information

The psychosocial, demographic and non-health needs influencing self management must be considered with every client/patient

Hospitals / Health Services

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Alfred Health

Monash Health

Peninsula Health

Specialised Clinics

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Alfred Health

Austin Health

Baker Heart & Diabetes Institute

Monash Health

Peninsula Health

Royal Melbourne

District Nursing

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Bolton Clarke

Private Specialists

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Cardiologist

Endocrinologist

Neurologist

Ophthalmologist

Renal Specialist

Vascular Specialist

General Practice

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[Find a GP](#)

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[Blood glucose monitoring \(pdf\)](#)

[Pregnancy & diabetes](#)

[Insulin \(pdf\)](#)

[Looking after your feet \(pdf\)](#)

[Looking after your heart \(pdf\)](#)

[Making healthy food choices \(pdf\)](#)

[Managing hypoglycaemia \(pdf\)](#)

[Managing hyperglycaemia on insulin pump \(pdf\)](#)

[Hyperglycaemia & sick day management for adults with type 1 diabetes \(pdf\)](#)

[Sick days & type 2 diabetes \(pdf\)](#)

[Steroid medications & diabetes \(pdf\)](#)

[Surgery & hospital stays \(pdf\)](#)

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Caulfield Community Health Service

Central Bayside Community Health Services

Connect Health & Community

Star Health

Private Allied Health

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Australian Association of Social Workers (AASW)

Australian Diabetes Educators Association (ADEA)

Australian Podiatry Association – Victoria (APA)

Australian Psychological Society (APS)

Baker Heart & Diabetes Institute

Dietitians Association Australia (DAA)

Exercise & Sports Science Australia (ESSA)

Occupational Therapy Australia

Lifestyle Programs & Support

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Diabetes support groups

Lift for LifeSharps disposal programs

Translating & interpreting services (TIS)

QUIT smoking

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[Aboriginal Indigenous HealthInfoNet](#)

[Blood pressure](#)

[Caring for someone with diabetes \(pdf\)](#)

[Coeliac disease & diabetes \(pdf\)](#)

[Depression & diabetes \(pdf\)](#)

[Drug use & type 1 diabetes \(pdf\)](#)

[Insulin \(pdf\)](#)

[Looking after your eyes \(pdf\)](#)

[Looking after your feet \(pdf\)](#)

[Looking after your heart \(pdf\)](#)

[Medications for type 2 diabetes \(pdf\)](#)

[Physical activity \(pdf\)](#)

[Sick days & type 1 diabetes \(pdf\)](#)

[Sick days & type 2 diabetes \(pdf\)](#)

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[Type 2 diabetes in young people](#)

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Australian Diabetes Educators Association (ADEA)

Australian Podiatry Association – Victoria (APA)

Australian Psychological Society (APS)

Baker Heart & Diabetes Institute

Dietitians Association Australia (DAA)

Exercise & Sports Science Australia (ESSA)

Occupational Therapy Australia

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[Alternative sweeteners \(pdf\)](#)

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[Glycaemic index \(pdf\)](#)

[Healthy meal ideas \(pdf\)](#)

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[Healthy snacks \(pdf\)](#)

[Hints for healthy cooking \(pdf\)](#)

[Looking after your dental health \(pdf\)](#)

[Making healthy food choices \(pdf\)](#)

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[Managing stress \(pdf\)](#)

[Peer support \(pdf\)](#)

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[Sexual health \(pdf\)](#)

[Smoking & diabetes](#)

[Surgery & hospital stays \(pdf\)](#)

[Travel & diabetes \(pdf\)](#)

[Travel & type 1 diabetes \(pdf\)](#)

[Type 2 diabetes checklist \(pdf\)](#)

[Understanding food labels \(pdf\)](#)

[What is diabetes](#)

[Your diabetes management support team \(pdf\)](#)

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LIFE! Programs

Group Allied Health Services

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Strength training

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